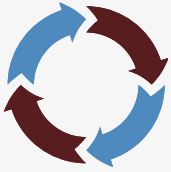




THRESHOLD CONCEPTS ON BECOMING A GREAT SPEAKER



Speaking is habitual.

What comes easy for you when you speak publicly?
What habits do you have when you present?
How do you allow time and space for good speaking habits to form?



Speaking is embodied.

What does "practice" look and sound like for you?
How can you embrace the full range of how speaking works in your body?
How do you warm up before you speak?



Speaking is social.

How can you better incorporate your audience, their questions and goals into your message planning and delivery?
Do you know what you want them to learn, feel and do after you are done talking?
How do you ensure you are using language that holds meaning for the audience?



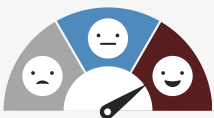
Speaking contains multiple genres.

How can you investigate the genre (purpose, style) of the event or meeting?
What needs to change for you when the audience is small? When it is large?
If the genre includes a Q&A, how do you prepare for that?



Speaking is messy.

Do you allow yourself space and time to iterate? To feel uncomfortable in the process?
What might get in your way?
If you are a perfectionist, what might you need to give up in this process?



Speaking requires feedback.

Do you listen to yourself through recordings? What gets in your way?
Who would you benefit from getting time with to ask for their feedback as you rehearse?